

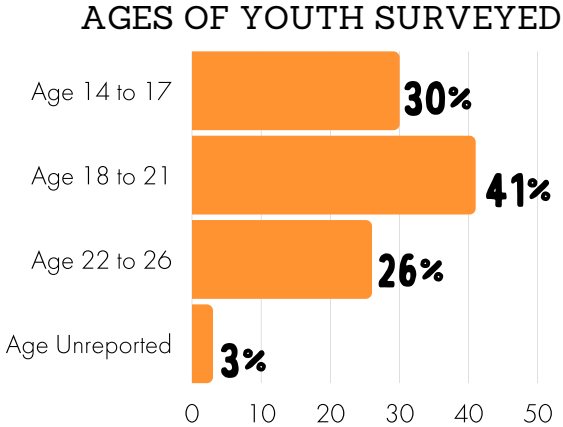


WHAT ARE YOUTH NEEDS DURING COVID-19'S SHELTER-IN-PLACE?

November 2020

ABOUT THE SURVEY

The HYPE Center surveyed 100 youth ages 14 to 26 from July-October 2020 to determine how the shelter-in-place order as a result of COVID-19 had impacted them. Our findings demonstrate important information about the challenges youth are facing, the items youth need, and the services youth hope to see on the HYPE Center virtual service platform. By gathering this information, we were able to deliver the requested resources directly to young people.



DIGITAL ACCESS FOR YOUTH

Of the youth we surveyed, the majority of youth reported having access to a smartphone, the Internet, and/or a computer on a consistent basis.

91%

of youth have access to at least one type of technology (meaning smartphone, Internet, or computer) on a regular basis

9%

of youth do not have access to any type of technology on a regular basis

62%

of youth have access to the Internet

80%

of youth have access to a smartphone

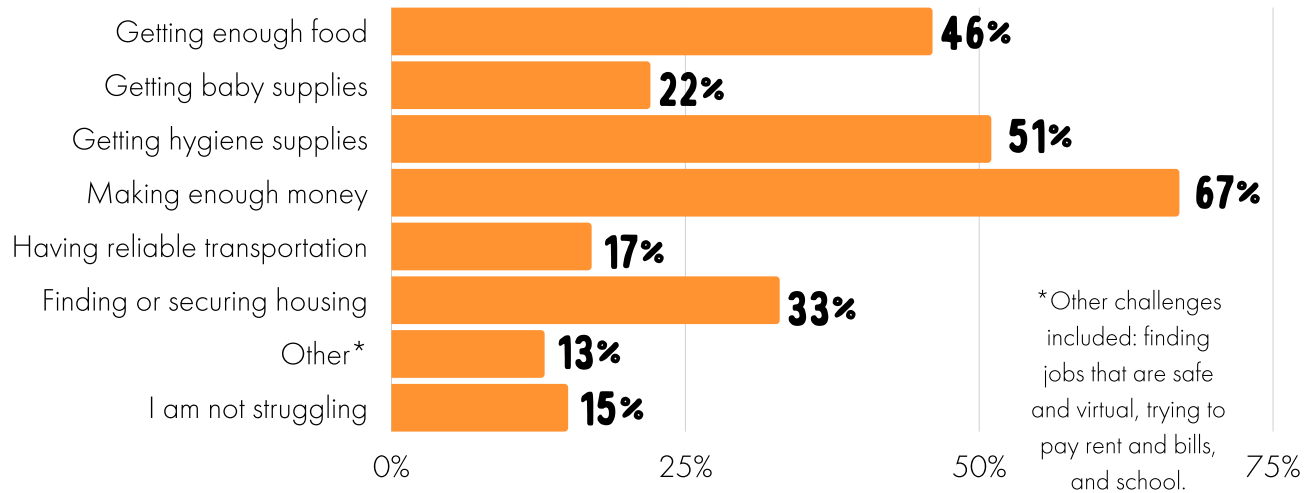
46%

of youth have access to a computer

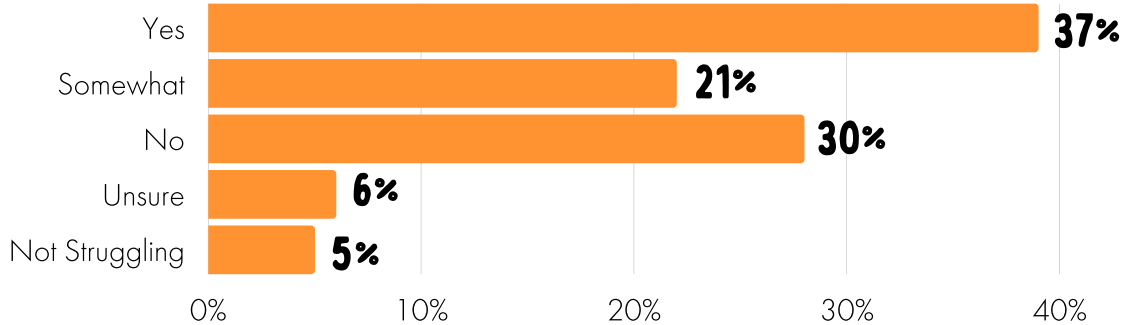
The HYPE Center by Freedom Forward is a component of the San Francisco Safety, Opportunity, and Lifelong Relationships (SF SOL) Collaborative, a project funded by the California Department of Social Services and the City and County of San Francisco's Department on the Status of Women.

CHALLENGES FACING YOUTH

When asked what challenges they were facing right now, the majority of youth reported having trouble making money and getting hygiene supplies.



When asked if the challenges they identified were challenges before COVID-19, the majority of youth reported fully or partially experiencing these challenges previously.



ITEMS REQUESTED BY YOUTH

We asked youth which items or resources would be most helpful to them.



81%

said household supplies like toilet paper and disinfecting wipes



78%

said personal protective equipment like face masks, hand sanitizer, and disposable gloves



52%

said clothing and undergarments

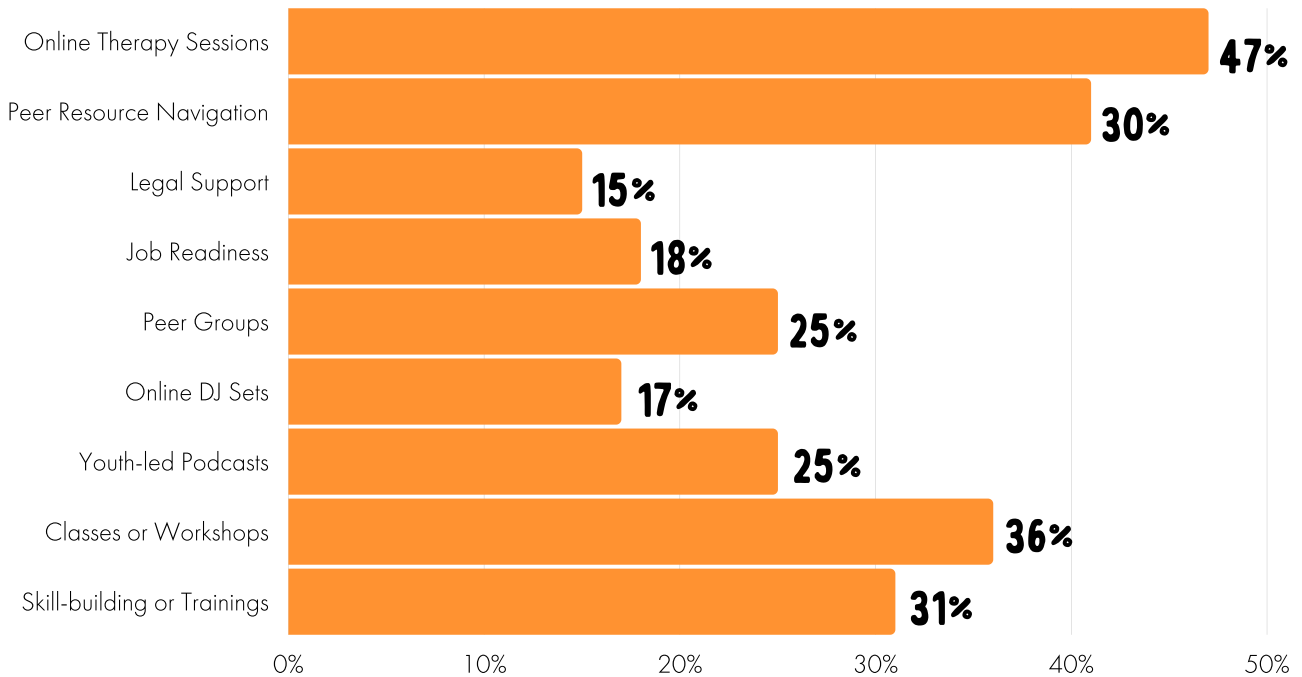


38%

said baby products like diapers and wipes

SERVICES IDENTIFIED BY YOUTH

Youth expressed interest in a variety of different services, resources, and content for the HYPE Center's virtual services and app.



CLASSES IDENTIFIED BY YOUTH

- Cooking
- Meditation
- Breath work
- Self-defense for femmes/BIPOC
- Medicinal herbs
- Holistic healing practices
- Dealing with stress
- Overcoming trauma
- Self-care practices
- Finances and investing
- Entrepreneurship
- Starting a business or start-up
- Art
- Music
- Yoga
- Movement and exercise

SKILL-BUILDING AND TRAINING

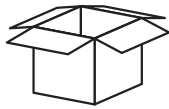
TOPICS IDENTIFIED BY YOUTH

- Money management
- Developing healthy boundaries and communication
- Public speaking
- Writing
- Real estate and Business
- Applying to jobs and interviewing
- Resume-building
- Negotiating for better wages
- Artificial Intelligence
- Transitioning from youth to adulthood
- Gardening
- Building habits
- Learning about different careers and industries (ex. construction, tech, customer service, mechanics)

HOW HYPE IS RESPONDING

The HYPE Center team has responded to the needs we heard from youth in the following ways:

1 MAILING OR DELIVERING CARE PACKAGES CUSTOM FILLED WITH THE ITEMS YOUTH REQUESTED, INCLUDING FOOD, HYGIENE SUPPLIES, HOUSEHOLD SUPPLIES, AND CLOTHES



168

customized care packages were delivered to youth with items they requested

34% of youth requested condoms

54% of youth requested tampons and/or pads

49% of youth requested underwear

54% of youth requested clothes

27% of youth requested baby diapers

59% of youth requested school supplies

2 LAUNCHING AN APP LINKING YOUTH TO THE SERVICES THEY REQUESTED

Confirmed services for HYPE Virtual include:

- ✓ Online therapy
- ✓ Peer to peer resource navigation
- ✓ Legal support
- ✓ Classes and workshops
- ✓ Skills-building and Training
- ✓ Job readiness

3 WORKING TO GET OUR IN-PERSON DOORS OPEN FOR YOUTH WHO DO NOT HAVE REGULAR ACCESS TO TECHNOLOGY